
Activity: Crunch and Munch

Ingredients

1 package dry yeast
¼ cup warm water
1-pint vegetable or chicken stock
3-½ cups unbleached flour
2 cups whole-wheat flour
1-cup rye flour
2 cups cracked wheat or wheat germ
½ cup dry milk
1-teaspoon salt (optional)
1 egg
1-tablespoon milk



Who makes the best dog biscuits?...YOU DO!

These easy to make biscuits are a wonderful treat for that special pooch in your life. Don't be surprised if you catch her begging for more!



Directions

1. Make sure there's an adult to supervise and read the entire recipe before you begin baking.
2. Preheat oven to 300 degrees.
3. Dissolve yeast in ¼ cup warm water. Add to vegetable or chicken stock. Next, combine all dry ingredients in a separate bowl; add stock mixture.
4. Knead mixture on a floured surface for about 3 minutes, working into a stiff dough. Roll out to a thickness of ¼ inch. You can cut them into bars or use a dog-bone cookie cutter.
5. Beat 1 egg with 1-tablespoon milk. Brush each biscuit with a little of the egg/milk mixture and place on cookie sheets. Bake for about 45 minutes.
6. Turn off the heat, but leave biscuits in the oven overnight. This makes them hard and crunchy.
7. Give biscuit to dog and watch your dog munch away!

Makes 4 to 5 dozen dog biscuits

For more recipes, visit <http://soar.berkeley.edu.recipes/dog/>

